

SUMMARY NOTES

**Council on Aging
Civic Arts Plaza
Boardroom
2100 Thousand Oaks Blvd.
Wednesday, November 6, 2019, 1:00 p.m.**

Meeting

1. Call to Order: 1:00 p.m.
2. Pledge of Allegiance
3. Roll Call: Present: Chair Maria, Vice-Chair Mortimer, Commissioners: Allen, Belding, Bert, Gitt, Guerra, Posta, and Sylvester; Commissioners Absent: none; Staff Present: Deputy Director Forbes, Associate Analyst Sprigel, Librarian Berard
4. Public Comments: None.
5. General Plan Update: Michael Forbes provided information and resources on General Plan community meetings and progress.
6. Liaison and Agency Reports: Updates were provided by Commissioners and agency staff as follows:
 - A. Ventura County Agency on Aging (VCAAA): Commissioner Gitt
 - B. California Senior Legislature (CSL): Commissioner Gitt
 - C. Goebel Adult Community Center (GACC): Patty Hamm, Recreation Supervisor
 - D. Conejo Senior Volunteer Program (CSVP): Patty Hamm, Recreation Supervisor
7. Guest Speaker: Liane Olin, Life Coach, "From Surviving to Thriving"
Recess called for medical emergency at 2:14 p.m.
8. Commissioner Comments: Not called.
Meeting resumed at 2:28 p.m. for adjournment only.
9. Adjournment: 2:30 p.m.