

SUMMARY NOTES

**Council on Aging
Civic Arts Plaza
Boardroom
2100 Thousand Oaks Blvd.
Wednesday, January 10, 2018, 1:00 p.m.**

1. Call to Order: 1:00 p.m.
2. Pledge of Allegiance
3. Roll Call

Commissioners Present: Chair Gorback, Vice Chair Allen, Commissioners: Bert, Fotheringham, Gitt, Hage, Maria, Mortimer, Posta; Commissioners Absent: None; Staff present: Associate Analyst Sprigel
4. Public Comments: None
5. Agency Reports:
 - A. Conejo Senior Volunteer Program (CSVP): Updates on Wellness Festival provided by Director Julie Spivack
 - B. Goebel Adult Community Center (GACC): January program overview provided by Commissioner Posta
6. Commissioner Reports: Commissioners provided updates as follows:
 - A. Senior of the Year: Commissioner Maria announced Nominations now open to nominate a senior volunteer www.toaks.org/seniors
 - B. Caregiving – Skills and Resources: Commissioner Fotheringham provided information on resources
 - C. Education: Commissioner Bert reported on free class opportunities at the Thousand Oaks Library, California Lutheran University, and Goebel Adult Community Center
7. Commissioner Comments: Commissioner Hage – fraud; Commissioner Allen – fire and flood victims; Commissioner Gorback – Home Share
8. Guest Speaker: Dr. Bader Iqbal provided an overview of Dementia, including Alzheimer, symptoms and solutions.
9. Adjournment: 2:10 p.m.