

SUMMARY NOTES

Youth Commission

Civic Arts Plaza

Board Room

2100 E. Thousand Oaks Blvd.

Wednesday, November 2, 2016, 6:30 p.m.

1. Call to Order: 6:30 p.m.
2. Pledge of Allegiance
3. Roll Call

Commissioners Present: Bird, Cutler Dye, Emanuel, Katz, Kern, Laufenberg, Moon, Nash, Shao, Shea, Tovey, Walshaw, Ye, Adult Commissioners Petras (CYES) and Martinez (CRPD); Commissioners Absent: Staff Present: Associate Analyst Sprigel
4. Public Comments
5. Guest Speaker: Heather Chamberlin-Scholle, Ph.D. LCSW, Mental Health Services Coordinator, Conejo Valley Unified School District (CVUSD), discussed information on the growth of anxiety and depression, and tools to deal with stress.
6. Project Reports: Commissioners reported on upcoming programs as follows:
 - A. Therapeutic Dance: Commissioner Kern announced theme of A Night in Paris as dance theme
 - B. Youth Master Plan Implementation: Commissioner Emanuel announced upcoming events: Recreation Team: Teen Night at Art Trek on November 4 and Spirit Night on March 17 at California Lutheran University; Mental Health Team: Adult Education movie night and panel discussion and Teen Chat Night
 - C. Public Information: Commissioner Walshaw encouraged students to follow up on social media
7. School and Liaison Reports
 - A. Associated Student Government (ASG): Students reported on school projects and programs as follows:
 - i. Joy Collins and Ivy Schlosser – Colina Middle School

- ii. Charlie Dirickson and Shayly McKewon – Sycamore Canyon Middle School
 - iii. TJ Allison – Redwood Middle School
 - iv. Joey Dinardo – Westlake High School
 - v. Claire Sheller – La Reina High School
 - vi. Anthony Wermers – Newbury Park High School
 - vii. Commissioner Shea – St. Paschal's Baylon School
- B. Teen Center Advisory Council (TCAC): Commissioner Katz reported on upcoming events and programs at the Thousand Oaks Teen Center
- C. Thousand Oaks Library Teen Advisory League (TOTAL): Commissioner Nash shared information on teen and family programs.
8. Commissioner Comments: Commissioner Katz, Teen Night at Art Trek; Commissioner Bird, College Applications
9. Adjournment: 7:14 p.m.

lib:115-31\fs\M:\Community Services\Youth Commission\Meeting Folders\2017\20161102\110216 yc sn.docx

