

## **SUMMARY NOTES**

**Council on Aging  
Thousand Oaks Grant R. Brimhall Library  
Technical Training Room  
1401 E. Janss Road  
Wednesday, January 21, 1:30 p.m.  
Workshop Meeting**

1. Call to Order: 1:30 p.m.
2. Pledge of Allegiance
3. Roll Call: Commissioner Present: Allen, Fotheringham, Gorback, Hage, Healey, Kopacz, Norkin, O'Connor, Schentes; Commissioners Absent: None; Staff Present: Associate Analyst Sprigel
4. Public Comments: None
5. Guest Speakers: February – Heart Health; March – Cancer Care; April – Grandparents Caring for Grandchildren
6. Senior Adult Master Plan (SAMP): Teams reported as follows:
  - A. Vice Chair Healey – Assistance/Volunteer Team – Village to Village
  - B. Commissioner Hage – Transportation Team – VCTC input
  - C. Commissioner Schentes – Housing Team – Home Share
  - D. Commissioner Allen – Health/Recreation –Gaps in Healthcare
7. Senior of the Year: Commissioner Gorback encouraged Commissioners to find door prizes and donations for the event; Commissioner selected Mardi Gras as the theme, raising suggested donation, and including photo booth.
8. Agenda Planning (February 4, 2015): Agenda Items – Commission Reports: Legislation, Fraud, Emergency Preparedness; and Liaison Reports: Conejo Senior Volunteer Program and Goebel Adult Community Center; and Guest Speaker: Dr. Vishka Dev, Chief of Cardiology, Los Robles Hospital.
9. Commissioner Comments: Wellness Fest.
10. Adjournment: 2:55 p.m.